

Curriculum Vitae

Karel Karsten Himawan

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Executive Summary

- Head of Department, Faculty of Psychology, Universitas Pelita Harapan, Indonesia.
- Lecturer (Assoc. Professor), Faculty of Psychology, Universitas Pelita Harapan, Indonesia.
- Editor-in-Chief of Jurnal Psikologi Ulayat: Indonesian Journal of Indigenous Psychology.
- Editorial Board Member of Mental Health, Religion, and Culture (Taylor & Francis).
- Editorial Board Member of European Journal of Mental Health.
- Director, Breakthrough for Life Center, Indonesia.
- Indonesian registered clinical psychologist with over 13 years of professional practice, specializing in romantic relationship.
- Completed Level 1 and Level 2 Training in Gottman Method for Couple Therapy.
- Certified Trainer of Prepare-Enrich Program.

Core research interests: sex and gender issues ♦ interpersonal relationship (singleness, marriage, and family) ♦ well-being ♦ religiosity and spirituality

Education

- **Ph.D in Social-Clinical Psychology**, Fac. of Medicine, the University of Queensland, AU (2020)
DISSERTATION: *"They are surprised I am still single": Why more Indonesians are remaining single and how they cope with the challenges of singleness*
- **M.Psi. in Adult Clinical Psychology**, Universitas Tarumanagara, ID (2014)
- **S.Psi. in Psychology**, Universitas Pelita Harapan, ID (2011)

Awards and Distinctions

- **International Travel Bursary**, University of Leeds, UK, 2026
- **International Travel Grant**, Society for Personality and Social Psychology, Denver, US, 2025
- **Outstanding Student's Research Supervisor**, Faculty of Psychology, Universitas Pelita Harapan, ID, 2023
- **Emerging Scholar Award**, Common Ground Research Network, Berkeley, CA, US, 2019
- **Travel Scholarship Grant**, Faculty of Medicine, the University of Queensland, AU, 2019
- **Sarlito W. Sarwono Award**, Konsorsium Psikologi Ilmiah Nusantara, ID, 2018
- **The Best Presenter Award** (the 2nd ISAQ Colloquium), Indonesian Student Association QUT, Brisbane, AU, 2017

- **Full Scholarship (Ph.D)**, Indonesian Endowment Funds for Education (LPDP), ID, 2016
- **Graduated Magna Cum Laude**, Universitas Tarumanagara, ID, 2014
- **Graduated Magna Cum Laude**, Universitas Pelita Harapan, ID, 2011
- **Full Scholarship (Bachelor)**, Universitas Pelita Harapan, ID, 2008

Present Academic and Professional Experience

- **Head of Department**, Psychology Undergraduate Program, Fac. of Psychology, Universitas. Pelita Harapan, ID, 2021 to present
- **Full-Time Lecturer**, Fac. of Psychology, Universitas Pelita Harapan, ID, 2013 to present
COURSES TAUGHT: social psychology, ethical code of psychology, psychometric, psychological test construction, statistics, research seminar
- **Director and Registered Clinical Psychologist**, Breakthrough For Life, ID, 2023 to present (STR No: 122481221-3525117; valid until 3 June 2026)
- **Co-founder and Registered Clinical Psychologist**, Experiencing Life Foundation, ID, 2013 to present (STR No: 122481221-3525117; valid until 3 June 2026)
- **Editor in Chief**, Jurnal Psikologi Ulayat: Indonesian Journal of Indigenous Psychology, ID, 2015 to present
- **Editor**, Jurnal Penelitian dan Pengukuran Psikologi, ID, 2021 to present

Grants

- **Decentralization Research Grant for Applied Research** (lead researcher), Indonesian Ministry of Education & Culture (Kemendikbud RI), 2022–2025, total grant valued Rp 550 millions.
- **Undergraduate Project Research Grant**, LPPM UPH, 2022-2024
- **Dissertation Research Grant**, Indonesian Endowment Funds for Education (LPDP), 2018-2019

Other Relevant Experience

- **Reviewer for Social Science National High School Olympiad (Psychologist)**, Indonesian Ministry of Education, 2025
- **Reviewer for LPDP Scholarship (Psychologist)**, Indonesian Endowment Funds for Education (LPDP), 2022 to present
- **Selection Team for Civil Servants (Clinical Psychologist)**, Indonesian ministry of Health (Kemenkes RI), 2022 to present
- **National Journal Assessor**, Indonesian ministry of Education & Culture (Kemendikbud RI), 2021 to present
- **Course Coordinator & Lecturer**, Masters of Mental Health, Fac. of Medicine, the University of Queensland, AU, 2020 to 2024
COURSES TAUGHT: understanding mental health and psychotherapeutic intervention, ethics and mental health practices, common & specific factors in psychotherapies, human development and relationships across lifespan, research thesis
- **Community Psychologist Expert**, Jakarta Municipality (Housing Department; Suku Dinas Perumahan Rakyat), 2021 to 2023
- **Statistic Consultant**, Australian Institute of Enneagram Studies, AU, 2017 to 2019

- **Clinical Research Manager**, El Rhino Global R&D, ID, 2011 to 2013
DUTY: oversee data intake of a collaborated research project between University of Nice Sophia Antipolis (France) and Indonesian Universities about promoting well-being of elder people
- **Intern Clinical Psychologist**, Bina Insani Rehabilitation Centre, Dr. Mintohardjo Navy Army Hospital, and Unit IIA (Drugs Custody) Cipinang Penitentiary, ID, 2013
- **Associate Psychologist**, Kayross Consulting, ID, 2011 to 2014
- **Tutor for Special Need Children**, Shiny Study Centre, ID, 2011

Certification Trainings

- **T-JTA Facilitator**, Psychological Publications Inc, 2024
- **SYMBIS Assessment**, Symbis, 2024
- **Prepare Enrich**, Prepare/Enrich, 2023
- **Search & Teach**, National Institute for Learning Disability, 2022
- **Christianity through its scripture**, Harvard University, 2020
- **Diploma in Mindfulness Based CBT**, Centre of Excellence, 2016
- **Certified Graphology Interpreter**, Nederlandse Vereniging Voor Grafologie en Schriftexpertise, 2013
- **Certified Graphology Analyst**, Nederlandse Vereniging Voor Grafologie en Schriftexpertise, 2012

Membership in Professional Organizations (Current/Past Affiliations)

- **American Board of Medical Psychoterapists and Psychodiagnosticians**
- **American Psychological Association**
- **Asian Association of Social Psychology**
- **Australia and New Zealand Mental Health Association**
- **Australian Counseling Association**
- **Indonesian Counseling Association**
- **Indonesian Psychological Society (Himpunan Psikologi Indonesia)**
- **Indonesian Clinical Psychologist Association (Ikatan Psikologi Klinis)**
- **International Association of Applied Psychology**
- **The Society of Personality and Social Psychology**

Scientific Publications

Peer-Reviewed Journal/Bulletin/Book Chapter

- Himawan, K. K.,** Hutamsari, B., & Claudia, C. (2026). *The shifting dynamics of singlehood in Asia*. In Y. Girme & G. Macdonald (Eds.), *The Oxford Handbook of Singlehood*, Oxford. <https://doi.org/10.1093/9780197826461.003.0009>
- Himawan, K. K.,** Himawan, E. M., Pratiwi, P. C., Sutanto, S. H., Dewi, K. S., Claudia, C., Assa, N. A., & Nasyiah, F. N. (2026). Development and initial validation of Tes SELARAS: A culturally-grounded premarital assessment tool in Indonesia. *BMC Psychology*, in press. <https://doi.org/10.1186/s40359-026-04727-8>
- Lolo, O. R., & **Himawan, K. K.** (2026). Gender differences in the role of perceived romantic relationship importance on life satisfaction: A study of single adults in Indonesia's cultural context. *G-Couns: Jurnal Bimbingan dan Konseling*, 10(3), 2597-2611. <https://doi.org/10.31316/g-couns.v10i03.7958>
- Sutanto, S. H., Pratiwi, P. C., **Himawan, K. K.,** & Dewi, K. S. (2026). Between hope and reality: A qualitative exploration of single men's attitudes toward romantic relationships. *Journal of Educational, Health, and Community Psychology*, 15(1), 295-309. <https://doi.org/10.12928/jehcp.vi.31705>
- Bless, L. P., & **Himawan, K. K.** (2025). Busuk dan jijik perbuatan mereka: Orientasi religius dan emosi jijik pada individu dewasa di Jakarta [They are corrupt and vile: Religious orientation and disgust among adults in Greater Jakarta]. *Societas Dei: Jurnal Agama dan Masyarakat*, 12(2), 165-186. <https://doi.org/10.33550/sd.v12i2.530>
- Setiawan, V., & **Himawan, K. K.** (2025). Orientasi religius dan kecemasan terhadap kematian pada dewasa muda di Jabodetabek. *Selaras: Journal of Psychological Studies*, 1(1), 37-53.
- Caeli, O. R. & **Himawan, K. K.** (2025). Intergenerational gender preferences in romantic partner selection: An Indonesian perspective. *Interpersona: An International Journal on Personal Relationships*, 19(1), 116-134. <https://doi.org/10.5964/ijpr.14257>
- Himawan, K. K.,** & Claudia, C. (2025). Single but not singular: Exploring the diverse realities of singleness in Indonesia. In S. L. Blair & Z. Mu, *Contemporary Perspectives in Family Research: The Retreat from Marriage and Parenthood* (vol. 30, p. 207-227). <https://doi.org/10.1108/S1530-353520250000030013>
- Chandra, R. T., & **Himawan, K. K.** (2025). Born to be tough: Traditional masculinity ideology and help seeking attitude in Chinese-Indonesian men. *Psychological Research on Urban Society*, 8(1), 35-51. <https://doi.org/10.7454/proust.v8i1.1191>
- Foo, M., **Himawan, K. K.,** & Susanto, E. (2025). The impact of online brain-spotting therapy on brain metabolism and PTSD symptoms of intimate sexual violence victims: A single case study. *Mental Health Review Journal*, 30(1), 1-17. <https://doi.org/10.1108/MHRJ-01-2024-003>
- Chua, S. Y., & **Himawan, K. K.** (2025). The exploration of attitudes and perspectives of mental health workers on peer support in Singapore. *Discover Mental Health* 5(1),1-15. <https://doi.org/10.1007/s44192-024-00125-x>
- Salmond, M., **Himawan, K. K.,** Ariela, J., & Himawan, E. M. (2025). An overview of counselling practices in Indonesia. In N. Pelling & P. Armstrong (Eds.). *The practice of clinical and counselling supervision: Australian and international applications* (3rd ed.). Routledge. <https://doi.org/10.4324/9781003490067-35>
- Maryanto, G. R. H., **Himawan, K. K.,** & Akhtar, H. (2024). Welas asih diri meningkatkan kepuasan hidup pada lajang ingin menikah [Self-compassion increases life satisfaction in singles who want to get married]. *ANIMA Indonesian Psychological Journal*, 39(1), e06. <https://doi.org/10.24123/aipj.v39i1.5493>

- Bimantara, M., & **Himawan, K. K.** (2024). Exploring impact of secrecy on marital happiness: Relationship authenticity as a mediator. *Bulletin of Counseling and Psychotherapy*, 6(1), 1-16. <https://doi.org/10.51214/00202406806000>
- Himawan, K. K.**, Sutanto, S. H., Pratiwi, P. C., & Eriksson, L. (2024). Men in romance: A scoping review to explore men's experience in romantic relationships in the patriarchal cultural context. *The Family Journal: Counseling and therapy for couples and families*, in press. <https://doi.org/10.1177/10664807231225221>
- Mangkey, D. S., & **Himawan, K. K.** (2023). A study on the sandwich generation differences in level of work-family conflict and marital satisfaction among working couple. *Psymphatic: Jurnal Ilmiah Psikologi*, 10(2), 147-154. <https://doi.org/10.15575/psy.v10i2.28887>
- Hutabarat, A. V., & **Himawan, K. K.** (2023). Kids for a happy marriage? A preliminary study on marriage satisfaction and presence or absence of children among married individuals in Indonesia. *Makara Human Behavior Studies in Asia*, 27(2), 1-15. <https://doi.org/10.7454/hubs.asia.1181023>
- Hutabarat, A. V., Wijaya, G. K., Maryanto, G. R. H., Santosa, K. C. T., Soentplet, M. S. N., & **Himawan, K. K.** (2023). Using a yellow highlighter or not at all: The use of highlighters in enhancing short-term memory. *Jurnal Spirits*, 14(1), 63-73. <https://doi.org/10.30738/spirits.v14i1.15874>
- Tarigan, G. N. E. & **Himawan, K. K.** (2023). When love hurts: The role of adult romantic attachment as a predictor of domestic violence among married women in Jakarta. *The International Journal of Interdisciplinary Social and Community Studies*, 18(2), 95-114. <https://doi.org/10.18848/2324-7576/CGP/v18i02/93-115>
- Yu, M. A. & **Himawan, K. K.** (2023). Role of peer support groups in managing stress and trauma in humanitarian settings during the COVID-19 pandemic: A case study in Venezuela. *Hong Kong Journal of Social Sciences*, 61, 789-800. <https://doi.org/10.55463/hkjs.issn.1021-3619.61.70>
- Himawan, K. K.**, Bambling, M., Underwood, M., & Edirippulige, S. (2023). In the absence of marriage: Social and religious-based relationships as alternatives to marriage for never-married adults in Indonesia. *Journal of Spirituality in Mental Health*, in press. <https://doi.org/10.1080/19349637.2023.2253443>
- Terry, J., Ross, R. M., ... **Himawan, K. K.**, ... Field, A. (2023). Data from an international multi-centre study of statistics and mathematics anxieties and related variables in university students (the SMARVUS. Dataset). *Journal of Open Psychology Data*, 11(8), 1-25. <https://doi.org/10.5334/jopd.80>
- Himawan, K. K.**, & Pratiwi, P. C. (2023). Men in dating: Exploring Indonesian men's experience in dating relationships. In Peter Macaulay & Lee-Ming Tan (Eds.), *Applied Psychology Readings* (pp.105-118). Springer. https://doi.org/10.1007/978-981-99-2613-8_7
- Himawan, K. K.**, & Surijah, E. A. (2022). Shifting the privilege of marriage: Empowering voluntary agency of the individual's marriage decision in Indonesia. In: *The Palgrave Handbook of Global Social Change*. Palgrave Macmillan. https://doi.org/10.1007/978-3-030-87624-1_95-1
- Himawan, K. K.** (2022). Boys don't cry: Urgent call for alternative approaches in exploring Indonesian men's experience in romantic relationship. *Jurnal Psikologi Ulayat [Indonesian Journal of Indigenous Psychology]*, 9(2), 204-207. <https://doi.org/10.24854/jpu712>
- Himawan, K. K.**, Underwood, M., Bambling, M., & Edirippulige, S. (2022). Being single when marriage is the norm: Internet use and the well-being of never-married adults in

- Indonesia. *Current Psychology*, 41, 8850-8861. <https://doi.org/10.1007/s12144-021-01367-6>
- Tuati, N. F., Fanggalda, J. P., & **Himawan, K. K.** (2022). More people less help: How the beneficiary number affects volunteering intention. *Hong Kong Journal of Social Sciences*, 59, 439-448.
- Josephine, J., & **Himawan, K. K.** (2022). Neurotisme memprediksi peningkatan *organizational citizenship behavior*: Studi pada pengurus organisasi orkestra di Indonesia [Neuroticism predicts the increase of organizational citizenship behavior: A study of Indonesian orchestra members]. *Jurnal Penelitian dan Pengukuran Psikologi*, 11(2), 67-75. <https://doi.org/10.21009/JPPP.112.02>
- Angelica, F. A. M., & **Himawan, K. K.** (2022). Tahan atau pikir kembali: Strategi regulasi emosi dan kepuasan pernikahan pada masa pandemi COVID-19 [Restrain or rethink: Emotional regulation and marriage satisfaction at the times of COVID-19]. *Persona: Jurnal Psikologi Indonesia*, 11(1), 107-122. <https://doi.org/10.30996/persona.v11i1.6294>
- Lianda, T. C. R., & **Himawan, K. K.** (2022). Sumber pengharapan dalam penantian: Kontribusi religiusitas terhadap kesejahteraan psikologis pada perempuan lajang yang ingin menikah [A source of hope whilst in waiting: The contribution of religiosity to the psychological well-being of involuntarily single women]. *ANIMA: Indonesian Psychological Journal*, 37(2), 244-267. <https://doi.org/10.24123/aipj.v37i2.5029>
- Hoogeveen, S., Sarafoglou, A., ... **Himawan, K.K.** (2022). A many-analysts approach to the relation between religiosity and well-being. *Religion, Brain & Behavior*, 13(3), 237-283. <https://doi.org/10.1080/2153599X.2022.2070255>
- Himawan, K. K.**, Martoyo, I., Himawan, E. M., Aditya, Y., & Suwartono, C. (2022). Religion and well-being in Indonesia: Exploring the role of religion in a society where being atheist is not an option. *Religion, Brain & Behavior*, 13(3), 313-315. <https://doi.org/10.1080/2153599X.2022.2070266>
- Himawan, K. K.** (2022). 'Generation invisible': Psikologi jelaskan mengapa banyak pelajar mematikan kamera saat kuliah daring ['Generation invisible': *Psychology explains why many students keep their camera off while studying online*]. The Conversation. <https://theconversation.com/generation-invisible-psikologi-jelaskan-mengapa-banyak-pelajar-mematikan-kamera-saat-kuliah-daring-183673>
- Herdiansyah, M. F., & **Himawan, K. K.** (2022). Escaping the 'devil's trap': Exploring the role of online social support for fintech lending's over-indebted Indonesian customers. *International Social Science Journal*, 72(245), 769-785. <https://doi.org/10.1111/issj.12348>
- Himawan, K. K.**, Helmi, J., & Fanggalda, J. P. (2022). The sociocultural barriers of work-from-home arrangement due to COVID-19 pandemic in Asia: Implications and future implementation. *Knowledge and Process Management*, 29(2), 185-193. <https://doi.org/10.1002/kpm.1708>
- Kaparang, G. J., & **Himawan, K. K.** (2022). Isolasi atau integrasi sosial: Peran kualitas pertemanan dalam menunjang kepuasan hidup dewasa muda lajang di Indonesia [Social isolation or integration: Friendship quality and life satisfaction among Indonesian unmarried young adults]. *Jurnal Studi Pemuda*, 10(2), 131-146. <https://doi.org/10.22146/studipemudaugm.71463>
- Himawan, K. K.**, Bambling, M., Edirippulige, S. (2022). Motives and reactions to social undervaluation of never-married people in married society: The Indonesian perspective.

- Families, Relationships and Societies*, 11(4), 569-589.
<https://doi.org/10.1332/204675321X16316940998258>
- Himawan, K. K., Helmi, J., Fanggalda, J.** (2021). Negotiating Indonesian married women's agency in a career: Work from home arrangement as a possible solution. *International Journal of Interdisciplinary Organizational Studies*, 16(2), 15-22. <https://doi.org/10.18848/2324-7649/CGP/v16i02/15-22>
- Himawan, K. K.** (2021). Menyoal uji etik dalam penelitian psikologi di Indonesia: Seberapa perlu dan pentingkah? [The question of ethical review for psychological research in Indonesia: Need and importance]. *ANIMA Indonesian Psychological Journal*, 36(2), 326-340. <https://doi.org/10.24123/aipj.v36i2.4059>
- Himawan, K. K.** (2021). Kail sejengkal janganlah menduga dalam lautan: Mengapa psikologi perlu lebih daripada sekadar studi empiris [An inch of a hook cannot predict the depth of a sea: Why psychology needs more than empirical studies]. *Jurnal Psikologi Ulayat: Indonesian Journal of Indigenous Psychology*, 7(2), 111-112. <https://doi.org/10.24854/jpu348>
- Hafiz, S. & **Himawan, K. K.** (2021). Tantangan melakukan kajian literatur di Indonesia: Masalah mendasar dan solusinya. *Jurnal Psikologi Ulayat: Indonesian Journal of Indigenous Psychology*, 8(1), 6-17. <https://doi.org/10.24854/jpu125>
- Himawan, K. K.** (2021). Memotret wajah psikologis masyarakat Indonesia: Pentingnya konsep dan pengukuran psikologi yang ulayat. *Jurnal Penelitian dan Pengukuran Psikologi*, 10(1), 1-4. <https://doi.org/10.21009/JPPP.101.01>
- Himawan, K. K.** (2021). Bagaimana orang lajang di Indonesia mencari kebahagiaan di internet, namun tidak menemukannya [How Indonesian singles seek happiness through internet, and fail to find it]. *The Conversation*. <https://theconversation.com/bagaimana-orang-lajang-di-indonesia-mencari-kebahagiaan-di-internet-namun-tidak-menemukannya-154838>
- Himawan, K. K.** (2021). Menikah sebagai norma: Mengeksplorasi dampak menikah bagi kesehatan mental pada masyarakat Indonesia [Marriage as a norm: Exploring the impact of marriage to individual mental health of Indonesian adults]. In M. D. Lestari & K. K. Himawan (Eds). *Kesehatan mental perspektif Indonesia* (pp. 1-16). Rajawali Pers.
- Himawan, K. K.** (2021). Perkembangan dan tantangan kesehatan mental dalam konteks global dan lokal [The development and challenges of mental health in the global and local context]. In M. D. Lestari & K. K. Himawan (Eds). *Kesehatan mental perspektif Indonesia* (pp. 1-16). Rajawali Pers.
- Himawan, K. K.** (2020). The single's struggle: Understanding involuntary singleness through gender and religious perspectives. *The Family Journal: Counseling and Therapy for Couples and Families*, 28(4), 379-389. <https://doi.org/10.1177/1066480720950419>
- Himawan, K. K.** (2020). Singleness, sex, and spirituality: How religion affects the experience of being single in Indonesia. *Mental Health, Culture, and Religion*, 23(2), 204-215. <https://doi.org/10.1080/13674676.2020.1767555>
- Himawan, K. K.** (2020). Menikah adalah ibadah: Peran agama dalam mengkonstruksi pengalaman melajang di Indonesia. *Jurnal Studi Pemuda*, 9(2), 120-135. <https://doi.org/10.22146/studipemudaugm.56548>
- Himawan, K. K.** (2020). Dilema WFH selama pandemi bagi suami dan istri: Bagaimana mengatasinya [The dilemma of WFH during the pandemic for marriage couple: How to

- overcome]. The Conversation. <https://theconversation.com/dilema-wfh-selama-pandemi-bagi-suami-dan-istri-bagaimana-mengatasinya-138943>
- Himawan, K. K.** (2020). *Analisis: Lajang bukan berarti tidak mau menikah, menikah juga bukan berarti karena tidak mau melajang* [Analysis: Being single is not necessarily not wanting marriage, being married is not necessarily not wanting to be single]. The Conversation. <https://theconversation.com/analisis-lajang-bukan-berarti-tidak-mau-menikah-menikah-juga-bukan-berarti-karena-tidak-mau-melajang-133517>
- Himawan, K. K., Bambling, M., & Edirippulige, S.** (2019). Modernization and singlehood: Psychological and social impacts. *Kasetsart Journal of Social Sciences, 40*, 499-506. <https://doi.org/10.1016/j.kjss.2017.09.008>
- Himawan, K. K.** (2019). Either I do or I must: An exploration of the marriage attitudes of Indonesian singles. *The Social Science Journal, 56*(2), 220-227. <https://doi.org/10.1016/j.soscij.2018.07.007>
- Christianti, P., **Himawan, K. K.**, Aditya, Y. (2019). On being religious: Will religiosity change our perceptions of pleasure in reckless behavior? *Journal of Educational, Health and Community Psychology, 8* (2), 1-13.
- Himawan, K. K.** (2019). Mengapa menikah? Mencermati makna pernikahan bagi masyarakat Indonesia Saat ini [Why being married? Understanding the meaning of marriage in the contemporary Indonesian perspective]. In E. A. Meinarno & S. Hafidz (Eds), *Psikologi Indonesia* (p. 109-147). Depok: Rajawali.
- Himawan, K. K., Bambling, M., & Edirippulige, S.** (2018). What does it mean to be single in Indonesia? Religiosity, Social Stigma, and Marital Status among Never-Married Individuals. *SAGE Open, 8*(3), 1-9. <https://doi.org/10.1177/2158244018803132>
- Himawan, K. K., Bambling, M., & Edirippulige, S.** (2018). The Asian Single Profiles: Discovering Many Faces of Asian Never-Married Adults. *Journal of Family Issues, 39*(14), 3667-3689. <https://doi.org/10.1177/0192513X18789205>
- Himawan, K. K., Bambling, M., & Edirippulige, S.** (2018). Singleness, religiosity, and the implication for counselors: The Indonesian case. *Europe's Journal of Psychology, 14*(2), 485-497. <https://doi.org/10.5964/ejop.v14i2.1530>
- Himawan, K. K.** (2017). Jealousy and relationship satisfaction among Indonesian dating adults. *PsyCh Journal, 6*(4), 328-329. <https://doi.org/10.1002/pchj.195>
- Wait, G. C. & **Himawan, K. K.** (2016). The correlation between sound sensitivity and affective reactivity of nurses in Jakarta: A pilot study. *Australian Counseling Research Journal, 10*(2), 64-83. Accessible at: <http://www.acrjournal.com.au/resources/assets/journals/Volume-10-Issue-2-2016/The%20Correlation%2064-83.pdf>
- Paggabeau, M.S., & **Himawan, K. K.** (2016). The development of Indonesian teacher competence questionnaire. *Journal of Educational, Health and Community Psychology, 5*(2), 1-15.
- Rey, T., **Himawan, K. K.**, Matahari, D. (2016). Perbedaan *Turnover Intention* pada Tenaga Pemasar dengan Berbagai Kualifikasi Pendidikan pada Industri Perbankan di Jakarta [Turnover Intention of Marketing Staff Officers with Various Education Backgrounds in Jakarta Banking Industries]. In Himawan, K. K., I. W. Pratiwi (Eds.), *Prosiding Psikologi Indigenous Indonesia* (pp. 357-374). Malang: Universitas Negeri Malang. Accessible at: <http://fppsi.um.ac.id/?p=2253>

- Widjaja, M.S., Sitorus, K.S., & **Himawan, K. K.** (2016). Hubungan antara kecerdasan emosional dan kecenderungan *burnout* pada karyawan bagian pemasaran. *Jurnal Psikologi Ulayat*, 3(1), 18-33. <https://doi.org/10.24854/jpu12016-53>
- Vigar, L.S., **Himawan, K. K.**, Mutiara, E. (2016). Hubungan antara spiritualitas dan religiositas dengan *illusion of control* pada *emerging adults* [The relationship between spirituality and religiosity with the illusion of control among emerging adults]. *Mindset*, 7(1), 1-55.
- Himawan, K. K.** (2016). Kapan Kawin? Menjawab Pertanyaan Kapan Waktu Terbaik untuk Menikah [When to Marry? Exploring Scientific Reasons for the Most Appropriate Time to Marry]. *Buletin Konsorsium Psikologi Ilmiah Nusantara*, 2(15). ISSN: 2477-1686. Accessible at <http://buletin.k-pin.org/index.php/daftar-artikel/114-kapan-kawin-menjawab-pertanyaan-kapan-waktu-terbaik-untuk-menikah>
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Conference & Invited Speaker Participations

- **Oral presenter**, 2025 SASP-ACPID Conference, Melbourne, 20-22 November 2025
PRESENTED PAPER: *Before I Do: Developing SELARAS for Pre-Marital Readiness in Indonesia*
- **Oral presenter**, The 25th Society for Personality and Social Psychology Annual Convention, Denver, US, 20 February 2025
PRESENTED PAPER: *Developing a Culturally Informed Premarital Assessment in Indonesia: Perspectives from Focus Group*
- **Invited speaker**, Center for Interdisciplinary Gender Studies and The Centre for Religion and Public Life, Leeds University, UK, 18 September 2024
PRESENTED PAPER: *Solo Spirituality: Navigating Singleness in Indonesia*
- **Oral presenter**, the 32nd International Congress of Psychology, Prague (Hybrid), 18-23 July 2021
PRESENTED PAPER: *Singleness and spirituality: How religion affects the experience of being single in Indonesia*
- **Oral presenter and panel discussant**, the 9th International Conference on Health, wellness, and Society, Berkeley, CA, US, 19-20 Sept 2020
PRESENTED PAPER: *Examining the reasons, the mental health, and the coping approaches of individuals remaining single in Indonesia*
- **Oral presenter and panel discussant**, the 48th Annual Meetings of the Society for Cross-Cultural Studies, Jacksonville, FL, US, 13-16 Feb 2020
PRESENTED PAPER: *Being single in a marriage-preoccupied society: The examinations of the reasons and coping strategies for Indonesian never-married Adults*
- **Oral presenter**, the 5th Asia Pacific RIM International Counselling and Psychotherapy Conference, Singapore, 1-3 Dec 2017
PRESENTED PAPER: *I need Thee every hour: The role of religiosity to the well-being of single adults in Indonesia*
- **Oral presenter**, the 2nd ISAQ Annual Colloquium, Brisbane, AU, 15 Jul 2017
PRESENTED PAPER: *Singleness, social support, and religiosity in a context of rapid modernisation: An Indonesian case*

- **Lead discussant and proceeding chief editor**, National Conference: “*Kebhinekaan dan Masa Depan Indonesia: Peran Ilmu Sosial dalam Masyarakat*”, Malang, ID, 27 Aug 2016
- **Organizing committee**, the 5th Christian Counseling Conference, Tangerang, ID, 11-13 Sept 2014
- **Oral presenter**, the 3rd Asia Pacific RIM International Counselling and Psychotherapy Conference, Kuching, MY, 15-18 Aug 2013

PRESENTED PAPER: *Magical thinking in Jakarta: What makes you believe what you believe in*

Peer-Reviewer in Scientific Publications ([Publons](#))

- **Asian Journal of Women’s Studies**, Taylor and Francis
- **BMJ Open**, BMJ
- **Cogent Psychology**, Taylor and Francis
- **Contemporary Management Research**
- **Current Psychology**, Springer
- **European Journal of Educational Research**
- **International Journal of Psychology**, Wiley
- **International Journal of Qualitative Studies on Health and Well-Being**, Taylor and Francis
- **Interpersona: An International Journal on Personal Relationships**, PsychOpen
- **Journal of Educational Health, and Community Psychology**, Universitas Ahmad Dahlan
- **Journal of Marriage and Family**, Wiley
- **Journal of Religion and Health**, Springer
- **Jurnal Psikologi Ulayat**, Konsorsium Psikologi Ilmiah Nusantara
- **Sage Open**, Sage
- **Social Sciences Journal**, Elsevier
- **The Asia Pacific Research in Social Sciences and Humanities (APRISH)**, Universitas Indonesia
- **The International Journal of Religion and Spirituality in Society**, Common Ground

Editor & Editorial Board Member

- **Mental Health, Religion, and Culture**, Taylor and Francis
- **European Journal of Mental Health**, Semmelweis University
- **SAGE Open**, Sage
- **Jurnal Psikologi Ulayat**, Konsorsium Psikologi Ilmiah Nusantara
- **Jurnal Penelitian dan Pengukuran Psikologi**, Universitas Negeri Jakarta

References

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